

Dr. Gino Gizzarelli*

BScPhm, DDS, MSc (Dental Anaesthesia)

ANAESTHESIA *for* DENTISTRY

(416) 839-4777

INSTRUCTIONS FOR CHILDREN RECEIVING SEDATION/ANAESTHESIA BEFORE (PRE-OPERATIVE INSTRUCTIONS)

1. **DO NOT ALLOW YOUR CHILD TO EAT SOLID FOOD (including gum, candy) IN THE 8 HOURS PRECEDING THE ANAESTHESIA APPOINTMENT.**
2. **DO NOT ALLOW YOUR CHILD TO DRINK MILK OR JUICES IN THE 8 HOURS PRECEDING THE ANAESTHESIA APPOINTMENT.**
Food in the stomach may result in vomiting and subsequent pneumonia during anaesthesia. This is unsafe and can be fatal.
Your child may drink up to 1 cup of water or apple juice up to 2 hours before the appointment. No other liquids are permitted.
3. Medications can be taken as usual with a small sip of water unless otherwise directed. If your child is diabetic, please inform your dentist or myself ahead of time.
4. **Dress with loose fitting clothing & please bring a diaper or a change of clothes.**
5. Please bring a blanket for your child's appointment.
6. Please advise us of any recent change in your child's health such as fever, cold, or flu?
7. **Please call if you have any questions or concerns (416) 839-4777.**

DURING

1. Your child will be given oxygen and usually sleep medicine through the mask to breathe.
2. Most children toss/turn, stretch out their arms, roll their eyes and their breathing patterns will change as they are going off to sleep.
3. After they are asleep, an intravenous catheter will be placed in their hand or foot that allows fluids and medications to be given.
4. A breathing tube may be placed in the nose.
5. Your child will be completely asleep for the entire procedure and **no one is allowed to remain in the treatment area after your child is asleep.**

AFTER (POST-OPERATIVE INSTRUCTIONS)

1. It usually takes approximately 30-60 minutes after the anaesthetic before your child can go home safely. It is not uncommon for your child to cry when they wake up as they are still dizzy and disoriented. The IV catheter will be in place until your child is awake.
2. A responsible adult must accompany your child home in a car or taxi. It is strongly recommended that 2 adults accompany your child home.
3. Your child should be resting at home for the remainder of the day. They should not run or ride a bike until the next day.
4. Give your child fluids (water, juice) after anaesthesia, begin with frequent & small quantities. If your child is not experiencing any nausea or vomiting, they may drink milk and eat solid food as tolerated (please begin with easily digested foods).
5. A sore throat or sore nose is common after anaesthesia and will resolve on its own.
6. If there is discomfort: Tylenol®, Advil® or Motrin® may be given based on their age & weight. If nausea or vomiting: Gravol® may be given based on your child's age & weight.
7. Please do not hesitate to call: if your child vomits beyond 12 hours, if there is fever longer than 24 hours, if there is any difficulty breathing or if there are any other concerns.